

## 2019 Summer Camp Location

CONNECTICUT  
Easton | Greenwich  
New Canaan | Ridgefield

NEW JERSEY  
Denville | Florham Park  
Midland Park | Summit

NEW YORK  
Manhattan | New Rochelle | Rye

see website for more options

[www.AlumniHero.com](http://www.AlumniHero.com)

 **New York**  
**NFL Alumni Hero**  
**Youth Football Camps**  
[www.AlumniHero.com](http://www.AlumniHero.com)



# Football Fit for Kids ages 6 to 14 years old



## Big Savings!

All Camps Discounted  
Refer-Friend Rebates  
Earn \$20 Back!  
Free T-Shirt  
Free Gift Announcement

Visit [www.AlumniHero.com](http://www.AlumniHero.com)

Call 877-226-9919



### AVAILABLE FORMATS

Half Day, M-F, 8:30 am-11:30 am  
Full Day, M-F, 9:00 am-3:00 pm  
After Camp Instruction at all camps

### CURRICULUM ELEMENTS

- V5 Life Skills (c)
- Dynamic Warm Up
- Individual Skill Stations Offense
- Skill Challenges
- Hero Message of Day
- Eat Like a Pro / Chief Scout
- The Franchise/ Football Dollars
- Team Competition
- Highlights & Awards

### PROGRAM HIGHLIGHTS

- With NFL Alumni New York Giants
- Pro Sports Experience Coaches
- Skill Development for Confidence
- High-Rep-Fun-Training
- Daily Life Skill Lessons
- Heads Up Football Instruction
- Contests, Tournament Action
- Prizes
- Free T-Shirt with Camp Purchase
- After Camp Programs Available.

[www.AlumniHero.com](http://www.AlumniHero.com)

